

For *Love* ↔ *Links*, **START HERE:** “What do you believe about LOVE and LIFE?”

PART A

In 20 seconds, **quickly circle true [T] or false [F]** for each of the 12 beliefs below.

“I believe ...”

1. [T or F] I was made just right
2. [T or F] All my needs can be met
3. [T or F] I must be servant
4. [T or F] Others need me
5. [T or F] I am really loved
6. [T or F] I was made for excellence
7. [T or F] My life has a purpose
8. [T or F] Motivation & energy are gifts
9. [T or F] I can be happy anywhere
10. [T or F] I have hope
11. [T or F] My choices make a difference
12. [T or F] I can know truth

Count your total circled T's _____ in **PART A**

PART A KEY: Part A should all be “T” beliefs, since these are truths about how you are created in God’s image.

PART B KEY: Part B should all be “F” beliefs, since these are lies that Satan wants you to believe about who you are and are not.

SUMMARY 1. If you believe A and not B, then you are on your way to discovering how to make love the center of your life! ***Your beliefs are correct!***

SUMMARY 2. If you believe B and not A, neither A or B, or if you believe both A and B, then **you have a challenge to change your beliefs.** You can choose to accept the “A” beliefs, the truths, and reject the “B” beliefs, the lies.

PART B

In 20 seconds, **quickly circle true [T] or false [F]** for each of the 12 beliefs below.

“I also believe ...”

1. [T or F] I am a mistake
2. [T or F] I can never have enough
3. [T or F] I can never get along
4. [T or F] I am truly alone
5. [T or F] Nobody really loves me
6. [T or F] I am not good at anything
7. [T or F] Life has no meaning
8. [T or F] It is not worth it
9. [T or F] I have no place in life
10. [T or F] I am hopeless
11. [T or F] My choices do not matter
12. [T or F] There is no absolute truth

Count your total circled F's _____ in **PART B**

LOVE ↔ LINKS KEY: Questions 1 through 9 are matched to the nine Love-Links. They also link to the nine LEARNING GOALS boxes on page 3.

LEARNING PLAN 1: If you answered all Part A as “T” and all Part B as “F”, as in SUMMARY 1, then celebrate! Share your beliefs with others, and continue to grow stronger in your beliefs.

LEARNING PLAN 2: If you had any combination of SUMMARY 2, then reject the lies of Part B and begin accepting the truths about yourself in PART A. Start by looking up the *Love-Link* where you believed Part B and not Part A. Or, look at the LEARNING GOALS boxes on page 3, and begin with the *Love-Link* that matches your interest or biggest concern. Study all the *Love-Links!*